

# DIABETES EDUCATOR COURSE

November 24 – 26, 2014  
Hyatt Regency Toronto  
Toronto, Ontario



kinghooper  
DIABETES EDUCATION INC



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional  
Continuing  
Education



## COURSE DESCRIPTION

---

Diabetes is an emerging epidemic. No matter what area of health care you work in, you will encounter people affected by diabetes. New approaches to diabetes management are continuously appearing.

This comprehensive three-day course is for health professionals from a variety of disciplines who face diabetes in practice. The goal is to update your understanding of the complexities of diabetes care, and learn effective approaches to educate those affected by diabetes. It is an ideal course if you are entering the dynamic, specialty field of diabetes education. This course is not specifically designed as preparation for the CDE examination, however it will serve as an excellent review in your preparation to become a certified diabetes educator.

The course format includes didactic and interactive presentations from a variety of experts, group discussions, and case studies. Opportunity will be provided to learn diabetes management innovations from technology and pharmaceutical companies during the interactive Exhibitors' Lunch and Learn. Time is built in for networking with colleagues.

This is an intensive course that is sure to stimulate and motivate you. You will come away with a solid foundation in high quality diabetes management and education.

## WHO SHOULD ATTEND

---

This course is for health professionals interested in diabetes management and education:

- Registered Nurses and Nurse Practitioners
- Dietitians and Nutritionists
- Pharmacists
- Social and Mental Health Workers
- Physicians
- Physiotherapists and other health professionals

## PRE-READING REVIEW

---

We strongly recommend that all registrants review the Canadian Diabetes Association Clinical Practice Guidelines in advance of this course. These guidelines can be found at [diabetes.ca](http://diabetes.ca).

## CREDIT

---

This course is eligible for credit toward your Canadian Diabetes Educator Certification Maintenance Credit Portfolio. For more information, please visit the Canadian Diabetes Educator Certification Board website at [cdec.ca](http://cdec.ca).

## COURSE OUTLINE

---

### Monday, November 24

- 0800h Registration
- 0845h Welcome & Introduction
- 0915h Overview of Diabetes  
*Barbara King Hooper, RN, MScN, CDE, CDTC  
CEO, Kinghooper Diabetes Education Inc. and  
Diabetes Clinical Nurse Specialist, UCSF Benioff  
Children's Hospital Oakland, Oakland, CA, USA*
- 1015h Break
- 1030h Nutrition Management in Diabetes  
*Jennifer Hill Holterman, RD, CDE, Diabetes  
Educator, Hamilton, ON*
- 1200h Lunch (provided)
- 1300h Physical Activity Management in Diabetes  
*To Be Announced*
- 1430h Break
- 1445h Hyperglycemia Management in Diabetes  
*Bill Cornish, RPh, BScPhm, ACPR, Supervisor, Drug  
Information Services, Sunnybrook Health Sciences  
Centre, Toronto, ON*
- 1630h Adjourn

### Tuesday, November 25

- 0815h Review  
*Barbara King Hooper*
- 0900h Break
- 0915h Diabetes Management from Toddlers to  
Teens  
*Janet Ruston, RN, CDE, Diabetes Educator, Hospital  
for Sick Children, Toronto, ON*
- 1015h Break
- 1030h Diabetes Management in Pregnancy  
*Barbara Cleave, RN, BScN, CDE, Diabetes Nurse  
Clinician, Mount Sinai Hospital, Toronto, ON*
- 1130h Exhibitors' Lunch and Learn (provided)
- 1300h Tools and Technologies for Monitoring:  
Meters, Pumps, Sensors  
*Barbara Cleave*
- 1430h Break
- 1445h Blood Glucose Pattern Management  
*Barbara King Hooper*
- 1630h Adjourn
- 1800h Dinner & instructional session  
Chronic Complications of Diabetes  
*Catherine Yu, MD, FRCPC, MHSc, Endocrinologist,  
St. Michael's Hospital; Assistant Professor, Faculty  
of Medicine and Dalla Lana School of Public  
Health, University of Toronto; Associate Scientist  
Li Ka Shing Knowledge Institute, St. Michael's  
Hospital, Toronto, ON*

## Wednesday, November 26

- 0815h Review & Preparing for CDE Examination  
*Barbara King Hooper*
- 0900h Break
- 0915h Acute Complications of Diabetes  
*Barbara King Hooper*
- 1015h Break
- 1030h Diabetes and Aboriginal Peoples  
*Shannon VanEvery, Education Coordinator, SOADI, Thorold, ON*
- 1145h Lunch (on your own)
- 1300h Diabetes Management in Older Adults  
*Cathy Benbow-Plewes, RN, MEd, Diabetes Educator, Oakville, ON*
- 1345h Stretch Break
- 1355h Helping People Want to Learn: Applying Motivational Interviewing Strategies  
*Jennifer Irwin, PhD, Associate Professor, Faculty of Health Sciences, Western University, London, ON*
- 1545h Break
- 1600h Life is Sweet - Living the Life of My Dreams With Diabetes  
*Shawn Shephard, Director of Inspiration, Sugar Free Shawn, and Professional Speaker, Speakers Gold Bureau, Toronto, ON*
- 1700h Adjourn  
*Thank you, and have a safe journey home!*

This course outline is subject to change, including the named speakers. For the latest update, visit our website at [kinghooper.com/IN9568](http://kinghooper.com/IN9568).

## WHAT YOUR REGISTRATION INCLUDES

---

- Syllabus containing detailed handouts
- 2 lunches, 1 dinner, and daily morning and afternoon refreshment breaks
- Certificate of Attendance

## LOCATION

---

The venue for this course is Hyatt Regency Toronto, 370 King Street West, Toronto, ON. A limited number of rooms with a special rate of \$159/night has been set aside until November 8, 2014. Please call The Hyatt directly for reservations on +1.888.421.1442 and mention "Diabetes Educator Course rate", or book online at [kinghooper.com/IN9568/location.asp](http://kinghooper.com/IN9568/location.asp).

- Early bird rate is \$695+HST (\$785.35) for fully paid registrations received by November 8, 2014
- Regular rate is \$795+HST (\$898.35)

Space is limited, so please register early.

---

First Name

---

Last Name

---

Profession/Title

---

Organization/Company

---

Mailing Address

---

City

Province/State

---

Postal/Zip Code

Country

---

Telephone

---

Email Address

- No, I do not permit my email address to be shared on the participant list

Register ONLINE:

[interprofessional.ubc.ca/IN9568](http://interprofessional.ubc.ca/IN9568)

Register by PHONE:

**+1.855.827.3112 (Toll-free)**

or

**+1.604.827.3112 (Vancouver)**

Register by MAIL:

Send this completed registration form with a cheque payable to University of British Columbia by mail to Interprofessional Continuing Education, UBC, Room 105, 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3.

We cannot accept registrations by fax or credit card payments by mail at this time.

Full payment must be received at the time of registration. A receipt for tax purposes will be sent to you within two weeks of full receipt of your payment. (A \$25+HST processing fee will be charged for duplicate tax receipts.)

We reserve the right to cancel this course if registration is insufficient. In the event of cancellation, a full refund will be provided, and you will be placed on the priority list for the next course.

If you need to cancel, please notify us immediately. We will provide a refund, less a \$50+HST processing fee, for all cancellations confirmed in writing and received by November 8, 2014. There will be no refund for any cancellation received after November 8, 2014.

Please direct all other enquiries, including learning about sponsorship and exhibitor opportunities, to Melissa Lafrance at [melissa.ipce@ubc.ca](mailto:melissa.ipce@ubc.ca) or **+1.604.822.7708**.



**Barbara King Hooper**, RN, MScN, CDE, CDTC founded Kinghooper Diabetes Education to educate health professionals and laypeople alike about all aspects of diabetes care and management. She has offered the Diabetes Educator Course in co-operation with the University of British Columbia for over 20 years.

Barbara is a registered nurse and a certified diabetes educator. She has served on the national executives of both the Diabetes Educator Section of the Canadian Diabetes Association, and the Canadian Diabetes Educator Certification Board. She has a proven track record of effective patient education, continuing education workshops, diabetes education program development and evaluation, and health-related research. Barbara's extensive experience and expertise as a nurse and health educator in inpatient, outpatient, pediatric, long-term care, and aboriginal community settings allow her to provide a comprehensive, innovative course for health professionals wanting to learn about diabetes education. Her clients include Health Canada, tribal councils, and pharmaceutical companies.

[kinghooper.com](http://kinghooper.com)



kinghooper  
DIABETES EDUCATION INC

kinghooper.com  
+1.877.KINGHOOPER



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional  
Continuing  
Education



interprofessional.ubc.ca  
+1.855.827.3112



Kinghooper, Diabetes Educator Course, and  
the Brushed Circle Design are trademarks of  
Kinghooper Diabetes Education Inc.