



Summary of Recent Workshop Evaluations (N = 531 participants)

For each question below, zero (0) represents strongly disagree, and five (5) represents strongly agree.

Results presented as raw numbers; the % of participants who chose each rating

1. The tools presented at this workshop are useful for my professional life.

Results: **average 4.53/5.00; 93% answered either 4 or 5**

2. The exercises used throughout the workshop were effective for learning the tools presented.

Results: **average 4.57/5.00; 94% answered either 4 or 5**

3. The workshop leaders were effective.

Results: **average 4.80/5.00; 98% answered either 4 or 5**

4. I will use what was presented at this workshop.

Results: **average 4.49/5.00; 90% answered either 4 or 5**

5. I am interested in attending another workshop that builds from this one.

Results: **average 4.34/5.00; 86% answered either 4 or 5**

Representative Qualitative Comments:

One of the most useful workshops I've attended!

What a tremendous opportunity to get hands-on experience learning and practicing the tools...I am leaving this workshop ready to use the tools I've learned...very excited!

Exceeded expectations...was an empowering training!

The facilitators were excellent – approachable, passionate, knowledgeable - and worked so well together!

This was exactly what I needed!

Everyone in healthcare should take this workshop!

This was a thought-provoking day with the perfect balance between theory and practice – the workshop flew by!

I had no idea I would learn so much about helping clients and also about reducing my own exhaustion – what a valuable experience; thank you...I am inspired!