

Introduction to Motivational Interviewing: Level 3

Join weCHC, the Monarch System, and other professionals to build on the skills you learned in Level 1 & 2. Completion of Levels 1 and 2 is mandatory.

Questions? Call 1-855-259-3605. This event is FREE to attend!

- ✓ Review and reinforce Level 1 and 2 skills
- ✓ Smaller group setting for a very hands-on, participatory workshop that builds on your real-world health behaviour change issues
- ✓ Each participant is asked to submit some information about their use of motivational interviewing (MI) and specifically, the issues that have arisen in using MI to effectively change health behaviour among your clients/patients



**Facilitated by Dr. Don Morrow &
Dr. Jennifer Irwin**



**Thursdays, Jan 29th & Feb 5th
9:00am-12:00pm**



Virtual Via Zoom



Scan to register!



Windsor Essex
Community Health Centre

weCHC

