



Windsor Essex Community Health Centre
Centre de santé communautaire de Windsor Essex



Introduction to Motivational Interviewing: Level 1

Join weCHC, the Monarch System, and other healthcare professionals to enhance your motivational skills.



Facilitated by Dr. Don Morrow

- ✓ Incorporate a repertoire of motivational skills into your professional toolbox
- ✓ Build motivation and commitment with your clients
- ✓ Reduce professional burnout by learning to incorporate motivational interviewing skills into your work
- ✓ Facilitate people's real and authentic commitment to making important, short, and especially long-term behaviour changes



September 25 &
October 2nd, 2025
***Must attend both days**



Virtual via Zoom



9:00am-12:00pm



Scan to
register!



Questions? Call 1-855-259-3605. This event is FREE to attend!



www.wechc.org

